



Zadar, Croatia
26 -28 September 2025
CEV Coaches Convention



þlay volleyball grow with it

Setting the Standard



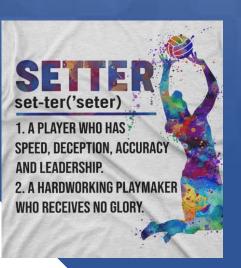
Saskia van Hintum







grow with it



Agenda

- **01** What means setting!?
- **02** How do we "create" a setter!?

03 When is someone a setter!?



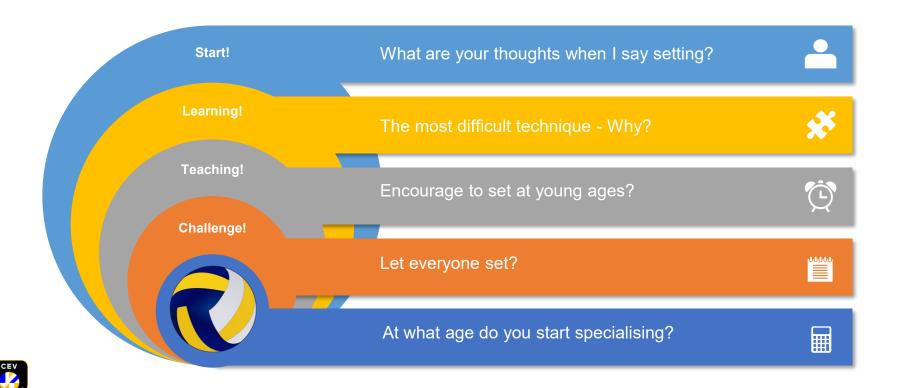
01 What means setting!?

Let's talk about our thoughts!





Thoughts!



Example 1 Section 1 Sectio

02 How do we "create" a setter!?

Let's talk about the "needs!"



"Needs!"





More dimensionale work

After serve, defence, block in different positions



Leadership

Let them be themselves

Ask questions - let them think, allow them to make decisions, let them reflect first



Resilience

Getting comfortable with the uncomfortable

2 balls/different kind of balls



+ ÷ × =

Footwork/Positioning at the ball/net

"Always" the same but different



Practicing together without knowing each other!





03 When is someone a setter!?

Let's talk about them!





The Setter



Give the attackers also responsibility!

Tactics and decision making skills

Reading the opponent and have a gameplan



Rotations



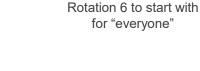
Difference between setting and distribution!?

Starting to make a plan



Welcome in my "World"

I touched "every" second ball! ;-)









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